



Paddle Newfoundland Labrador TRIP PLAN TEMPLATE

Planned Return Date: _____	Planned Return Time: _____ AM/PM
Emergency Return Date: _____	Emergency Return Time: _____ AM/PM

If group is not in contact by the Emergency Return Date and Time, please dial 772-5400 and report as overdue/missing and provide them with the following details:

TRIP INFORMATION (This information must be provided to PNL Board Member or Designated Emergency Contact prior to departure)

Departure Date:		# of Days/Nights:	
Location:			
Route Description:	(Include launch/final landing sites, planned route and daily destinations. A map of planned route would be good to provide. Also include potential alternate routes.)		
Trip Contact Number(s):			
Trip Leader:			
Sweep(s):			
Parking Location of Vehicles:	(Include Start and End Locations, if applicable.)		
Vehicle Details:	(Include Make/Year/Colour and License Plate of Vehicle that Trip Plan will be placed in.)		
Name & Phone Number of Emergency Contact:			
Has Personal Information been obtained for all personnel, including emergency contact information?	YES	NO	

GROUP INFORMATION (Provide this information to PNL Board Member or Designated Emergency Contact prior to departure.)

Number of Group Participants:	
Number of Boats on Trip:	
Colors and Type of Equipment in Group:	(List colors and type of large equipment in group such as boats, tents, tarps, etc.)

EMERGENCY CONTACT INFORMATION: Area code 709
Health Sciences Centre: 777-6300 RNC (St. John's): 729-8000 Coast Guard (St. John's): 772-5151 RCMP (St. John's): 772-5400 Fire Department (St. John's): 576-8644 RCMP (Provincial): 1-800-709-7267

NOTE: Completed PNL Trip Plans, along with attached maps and Personal Information forms are to be forwarded to PNL Board prior to departure. A Copy of the PNL Trip Plan and the PNL Trip Checklist must be placed in the designated vehicle (listed above) for Emergency Response Personnel.